Abnormal Reaction to Abnormal Situation is Normal

Beom Sun Chung
Department of Anatomy, Ajou University School of Medicine, Suwon, Korea

► See the article "The Presence of Urinary Ketones according to Metabolic Status and Obesity" in volume 35, number 31, e273.

Dr. Scifun

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In a study, metabolically healthy people showed more urine ketone bodies, compared to metabolically unhealthy people.

Ketonuria No ketonuria

Urine ketone bodies typically mean metabolic unhealthiness.

Why did the study show the opposite result?

It was because the study was conducted during prolonged fasting.

Ketone bodies are like the emergency fuel for human body.

Researchers should be aware that abnormal reaction to abnormal situation is normal.

(-1) x (-1) = (+1)

It was said by a psychiatrist who survived the Holocaust.